



ONTARIO LONG TERM CARE PHYSICIANS

CANADIAN MEDICAL DIRECTORS
CONJOINT MEETING

ONTARIO LONG TERM
CARE PHYSICIANS (OLTCP)
&
LONG TERM CARE MEDICAL DIRECTORS
ASSOCIATION OF CANADA (LTCMDAC)

OCTOBER 29TH, 2011

&

GERIATRIC MEDICINE
FOR THE
PRACTISING PHYSICIAN

OCTOBER 30TH & 31ST, 2011

TORONTO MARRIOTT DOWNTOWN EATON CENTRE HOTEL
TORONTO, ONTARIO

Dear Colleague:

You are cordially invited to attend Ontario Long Term Care Physicians' 34th Annual Conference, "Geriatric Medicine for the Practising Physician" to be held October 30th & 31st, 2011 at the Toronto Marriott Downtown Eaton Centre Hotel.

Preceding our Annual Conference, OLTCPC will be hosting the 4th Annual Conjoint Meeting with the Long Term Care Medical Directors' Association of Canada (LTCMDAC) on October 29th, 2011. This day will focus on Administration Issues for Medical Directors.

Continuing education is only as useful as it is relevant. Meeting the diverse Educational needs of our membership is a challenge. The planning committee has tried to overcome these challenges by integrating needs assessment results, our clinical experience and the advice of education consultants.

This programme features three full days of scientific sessions consisting of lectures, workshops and discussion periods, all designed to provide the latest information on Advanced Directives re End of Life Issues, Antipsychotics, BPH, COPD, Depression, Diabetic Foot Ulcers, Electronic Record Keeping, Gynaecology, Hypoglycemia, Implications of the LTC Act, Infected Wounds, Insulin Use, Movement Disorders, MS, Osteoporosis, Parkinson's Disease, Skin Conditions, and other challenges faced in treating the elderly in Long Term Care.

In addition, this year a Mainpro-C Workshop will be held on Saturday, October 29th, 2011 titled:

"Behavioural and Psychological Symptoms of Dementia: Applying the P.I.E.C.E.S. Framework for the Effective Clinical Management of BPSD"

Registration will be limited to the first 24 paid registrations received - please see separate registration form for particulars.

We look forward to seeing you there.

Andrea L. Moser, MD
President, OLTCPC

Karen L. Cronin, MD
2011 Conference Chairperson

AGENDA

CANADIAN MEDICAL DIRECTORS
CONJOINT MEETING

SATURDAY, OCTOBER 29th, 2011

- 07:30 am** **Registration** – *Foyer*
- 07:30** **Continental Breakfast** – *Foyer*
Chairperson: Patrick Quail, MB, President LTCMDAC
- 08:15** **Opening Remarks**
Patrick Quail, MB
- 08:30** **“LTC Quality Outcomes and Public Reporting”**
Ben Chan, MD
- 09:20** **“MDS and the US Experience; Lessons Learned from a LTC Medical Director”**
Karyn P. Leible, MD
- 10:10** **COFFEE** – *Foyer*
- 10:30** **“Psychoactive Medications in Canadian Nursing Homes 2011; The Evidence for Appropriate Use”**
Marie-France Tourigny-Rivard, MD
- 11:20** **“Polypharmacy: A Case Based Presentation to Guide Reduction in Medication Policy”**
Tom Lynch, Pharm.D
- 12:10 pm** **LUNCH** – *Grand Ballroom C & D*
- 01:30** **“Future Health Care Choices and End of Life Care; A Practical Approach that Meets Everyone’s Needs”**
Eric Wasylenko, MD
- 02:20** **“Sexuality & Intimacy Policy; Challenges and Management”**
Ken Schwartz, MD
- 03:10** **COFFEE** – *Foyer*
“Policy Mash-up for the Medical Director”
- 03:30** **“An INR Protocol”**
Julie Auger, MD
- 03:55** **“How to Reduce Antipsychotic Medications in LTC”**
Preetha Krishnan, NP
- 04:20** **“UTI Management in the Nursing Home”**
R. David Fletcher, MD
- 04:45** **LTCMDAC - Annual General Meeting**
- 06:00** **HOSPITALITY** – Sponsored by OLTCP – *Presidential Suite – Rm. #1606*

NEW - Mainpro-C Workshop (Limited to 24 Registrants - See separate registration form enclosed - Additional Fee Applies)

- 1:30 pm** **“Behavioural and Psychological Symptoms of Dementia: Applying the P.I.E.C.E.S. Framework for the Effective Clinical Management of BPSD”**
Sid Feldman, MD & Marie-France Tourigny-Rivard, MD

AGENDA

GERIATRIC MEDICINE FOR THE
PRACTISING PHYSICIAN

SUNDAY, OCTOBER 30th, 2011

- 08:00 am** **Registration** – *Foyer*
- 08:00** **Continental Breakfast** – *Foyer*
Chairperson: James Edney, MB, Past-President OLTCF
- 08:50** **Opening Remarks**
Andrea L. Moser, MD
- 09:00** **“Advance Directives - End of Life Decisions”**
Judith Wahl, LL.B.
- 09:50** **“Long-term Care Physicians: Our Partners in Changing the Quality Story” - Residents First**
Andrea L. Moser, MD & Cynthia Majewski, BScN MA(c)
- 10:40** **COFFEE** – *Foyer*
- 11:10** **“Optimizing Insulin Use in LTC: Balancing the Risks and the Benefits”**
Afshan Zahedi, MD
- 12:00 noon** **LUNCH** – *Grand Ballroom C & D*
- 01:15 pm** **WORKSHOPS** – **1st Session** (*All Workshops are 1-1/4 hrs*)
- #1 **“Severe Dementia and Behavioural Issues: A Geriatrician’s Perspective”**
William Dalziel, MD
 - #2 **“Skin Lumps & Bumps...A Ubiquitous Problem of the Elderly”**
Charles Lynde, MD
 - #3 **“Practical Approaches to Managing COPD Patients in LTC”**
Meyer Balter, MD & Dan Hancu, MD
 - #4 **“Diagnosis, Treatment & Management of Multiple Sclerosis in 2011”**
Caroline L. Geenan, MD
 - #5 **“Use of Cholesterol Lowering Agents in the Elderly”**
Gary F. Lewis, MD
 - #6 **“Treatment of Diabetic Foot Ulcers”**
Leo Audette, RN
 - #7 **“Prevention of Hypoglycemia in the Elderly Population”**
Diane Donat, MD
 - #8 **“Depression in the Long-Term Care Setting: Challenges and Management Options”**
Goran Eryavec, MD
 - #9 **“Urogenital Ageing: Gaining Perspectives”**
Shawna L. Johnston, MD
- 02:30** **COFFEE** – *Foyer*
- 02:45** **WORKSHOPS** – **2nd Session**
- 04:00** **OLTCP** – **Annual General Meeting**
- 06:00** **HOSPITALITY** – *Presidential Suite – Rm. #1606*

AGENDA

GERIATRIC MEDICINE FOR THE
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MONDAY, OCTOBER 31st, 2011

- 07:45 am** **BUFFET BREAKFAST** – *Grand Ballroom C & D*
- 08:00** **Registration** – *Foyer*
- 08:45** **WORKSHOPS – 1st Session** (*All Workshops are 1-1/4 Hrs.*)
- #1 **“Polypharmacy Complexities in the LTC Environment”**
 Joel Lamoure, RPh
- #2 **“Osteoporosis: Current Controversies”**
 Jonathan D. Adachi, MD
- #3 **“BPH in the Elderly: What is, What Was and
 What could have been”**
 Leslie Spevack, MD & Colin H. Baxter, MB
- #4 **“Advanced Parkinson Disease Challenges”**
 Janis Miyasaki, MD
- #5 **“Hypertension, Diabetes and Albuminuria: A Deadly Trio”**
 Andrew Steele, MD
- #6 **“Treatment of Infected Wounds“**
 Leo Audette, RN
- #7 **“Helping Seniors Regain their Continence - A Long Term Care
 Continence Program”**
 Nelly Faghani, BSc PT & Molly Marrack, BBA
- #8 **“Electronic Record in Long Term Care”**
 Fred Mather, MD & Evelyn Williams, MD
- #9 **“Evidence-informed Management of Aggressive/Responsive
 Behaviour Associated with Dementia in LTC: The Gentle
 Persuasive Approach”**
 Lori Schindel Martin, PhD, RN & Barbara McCoy, RN
- 10:00** **COFFEE** – *Foyer*
- 10:30** **WORKSHOPS – 2nd Session**
- 11:45** **LUNCH** – *Grand Ballroom C & D*
 Meeting re New Sub-Section

 Chairperson: Lyla Graham, MD, Vice-President OLTCP
- 01:00 pm** **“Tardive Movement Disorders: Phenomenology, Risk Factors and
 Approach to Treatment”**
 Galit Kleiner-Fisman, MD
- 01:50** **“Use of Antipsychotics in Long Term Care”**
 Benoit H. Mulsant, MD
- 02:40** **“Implications of the LTC Act for Physicians in LTC”**
 Andrea Moser, MD & James Edney, MB
- 03:30 pm** **End of 2011 Conference**

VISITING FACULTY

Jonathan D. Adachi MD, FRCPC

Professor, Department of Medicine, McMaster University, Hamilton, Ontario.

Leo Audette, RN BScN ET

Practice Consultant and Enterostomal Therapist responsible for providing education to nursing staff and wound care consultations to patients. He has worked in the community as a visiting nurse and in Rehabilitation / Complex Continuing Care settings. His focus now is with the geriatric population in a rehabilitation setting. He received his BScN from the University of Windsor in 1997 and his Enterostomal Therapy Certificate from the Cleveland Clinic in 2001.

Julie Auger, MD, CCFP

Care of the Elderly, Medical Director, Continuing Care, Interim Long Term Care and Rehabilitation, Timmins and District Hospital; Medical Director, Golden Manor Nursing Home, Timmins; Timmins Family Health Team, Timmins, Ontario.

Meyer Balter, MD, FRCPC

Professor of Medicine, University of Toronto; Director, Asthma Education Clinic, Mount Sinai Hospital; Director, Internal Medicine Residency Training Program, Mount Sinai Hospital, Toronto, Ontario.

Colin H. Baxter, MB, ChB

Active Staff, Humber River Regional Hospital; Attending Physician, Cognitive Support Unit, Cummer Lodge Home for the Aged, Toronto, Ontario.

Ben Chan, MD, BSc, MPH, MPA

Inaugural CEO of Health Quality Ontario (HQO), a leading figure on public reporting of quality and quality improvement in Canada. In 2006, Dr. Chan was named Canada's Outstanding Young Health Executive by the Canadian College of Health Service Executives. He has worked as a part-time locum general practitioner in 70 rural communities and 8 provinces and territories across Canada.

Karen L. Cronin, MD, CCFP

Chairperson, 2011 Geriatric Conference; Treasurer, OLTCP; Medical Director, Kipling Acres; Active Staff, Humber River Regional Hospital; Chair, Probationary Section in the OMA for Long Term Care and Care of the Elderly; Family Physician, Yorkview Medical Centre, Toronto, Ontario.

William Dalziel, MD, FRCPC

Assoc. Professor of Medicine, University of Ottawa; Medical Director Geriatric Outreach services RGPEO; Internal and Geriatric Medicine; The Ottawa Hospital, Civic Campus, Ottawa, Ontario.

Diane Donat, MD, MSc, MEd, FRCP

Staff Endocrinologist at UHN, Associate Professor, Department of Medicine, Division of Endocrinology, University of Toronto, Toronto General Hospital, Toronto, Ontario.

James Edney, MB, BS, FCFP

Past President, OLTCP; Medical Coordinator, City of Toronto HFA; Medical Director, Castleview-Wychwood Towers, Toronto, Ontario.

Goran M. Eryavec, MD, FRCPC

Medical Director, of the Geriatric Psychiatry Service, the Consultation-Liaison Service and the Memory Clinic at North York General Hospital; Assistant Professor, Department of Psychiatry, University of Toronto, Toronto, Ontario.

Nelly Faghani, BScPT

Nelly is a Registered Physiotherapist with 14 years experience, an owner of our physiotherapy practices in the GTA and has a specialty focus on the pelvic floor. She has taught numerous post graduate pelvic floor courses, has mentored other physiotherapists in pelvic health and has been a spokesperson for the Canadian Physiotherapy Association on pelvic dysfunction.

Sid Feldman MD, CCFP, FCFP

Board Member, OLTCP; Medical Director, Apotex Jewish Home for the Aged, Executive Medical Director, Residential and Aging at Home Program and Chief, Department of Family and Community Medicine, Baycrest Geriatric Health Care System; Assistant Professor and Director, Care of the Elderly Program, Department of Family and Community Medicine, University of Toronto.

R. David Fletcher, MD, CCFP

Clinical lecturer, Faculty of Medicine, UBC; Active Staff, Surrey Memorial and Peace Arch Hospitals, White Rock, BC

Caroline L. Geenen, MD, FRCPC

Chief, Department of Medicine; Neurologist - Markham Stouffville Hospital, Markham, Ontario.

Lyla Graham MD, CCFP, CoE

Vice-President, OLTCP; Medical Director St. Patrick's Home; Faculty, Department of Family Medicine, University of Ottawa, Ottawa, Ontario.

Dan Hancu, MD, CCFP, FCFP

Graduate of University of Toronto, Toronto, Ontario.

Shawna L. Johnston, MD, FRCSC

Assoc. Professor, Queen's University; Chair, Postgraduate Training Committee and Director, Postgraduate Residency Program, Queen's University, Dept. of Obstetrics and Gynaecology; Member, American Urogynecology Society, Kingston, Ontario.

Galit Kleiner-Fisman, MD, FRCPC

Assistant Professor of Neurology, University of Toronto; Staff Physician, Movement Disorders Clinic, Baycrest Hospital; Medical Director, ATC Clinic, Baycrest Hospital, Toronto, Ontario.

Preetha Krishnan, NP

Manitoba's first full time Nurse Practitioner in Long Term Care. Winnipeg Regional Health Authority, Personal Care Home Program, Winnipeg, MB.

Joel Lamoure, RPh, BScPhm, FASCP

Associate Professor, Departments of Psychiatry and Medicine; Assistant CME Director, Department of Psychiatry, University of Western Ontario; Associate Scientist, Lawson Health Research Institute; Mental Health Pharmacist, London Health Sciences Centre, South Street Hospital, LHSC, London, Ontario.

Karyn P. Leible, RN, MD, CMD

Internist and geriatrician who has been working in long term care for over 15 years. She is currently Chief Clinical Officer for Pinon Management, a long term care managing and consulting organization in Lakewood, Colorado and she is President of AMDA-Dedicated to Long Term Care Medicine.

Gary F. Lewis, MD, FRCPC

Professor, Depts. of Medicine and Physiology, University of Toronto; Director, Division of Endocrinology and Metabolism, University of Toronto; Drucker Family Chair in Diabetes Research, Toronto, Ontario.

Tom Lynch, Pharm.D, BCPS

Associate Professor of Family and Community Medicine, Eastern Virginia Medical School, Norfolk, VA; Course Director, Clinical Pharmacotherapy Curriculums for Doctor of Medicine, Physicians Assistant Masters, and Family Medicine Residency Programs; Team Member of Senior Care Clinic, Norfolk, VA.

Charles W. Lynde, MD, FRCPC

Associate Staff, University Health Network, Toronto Western Site, Markham Stouffville Hospital, The Scarborough Hospital - Grace Division; Assistant Professor of Medicine, University of Toronto, Toronto, Ontario.

Cynthia Majewski, BScN MA(c)

Cynthia recently joined Health Quality Ontario in a part time capacity supporting the organisation's transformation, as Director Residents First. She brings to that role her quality leadership, while she continues, as Executive Director of the Quality Healthcare Network(QHN) a membership-based collective of health care organizations in Ontario. From 2005 to June of this year, Cynthia held the role of Leader, Safer Healthcare Now! Ontario.

Molly Marrack, BBA, CCRS MDS Resident Assessment Coordinator

Molly has over 25 years experience as a manager in healthcare and wellness services, with her most recent role being an Implementation & MDS RAI Specialist to LTC Homes with Centric Health. Instrumental in the development and management of the Nursing Restorative Training Program to LTC Homes, she continues to focus on collecting and analyzing outcomes to improve the quality of rehabilitation programs provided by Centric Health.

Fred Mather, MD, CCFP

Board Member, OLTCP; LTC Medical Director with experience with the Gold Care and Point Click Care software. This presentation is to show the developing role and benefits of the electronic medical record in long term care, Kitchener, Ontario.

Barbara McCoy, RN, BA, GNC(c)

Psychogeriatric Resource Consultant, Alzheimer Society of Hamilton and Halton, Ontario.

Janice Miyasaki, MD, Med, FRCPC

Faculty Member, UHN; Associate Clinical Director, Movement Disorders Centre; member, Board of Directors of the American Academy of Neurology; Past Chair of the Technology and Therapeutics Assessment for the American Academy of Neurology; developed the first Palliative Care Program in Parkinson Disease and Related Disorders in the world; Past President, Medical Society, UHN and Deputy Physician-in-Chief at TWH, Toronto, Ontario.

Andrea L. Moser, MD, MSc, CCFP with a focus practice in care of the elderly

President, OLTCP; Executive, OMA subsection LTC and Care of the Elderly; Assistant Professor, NOSM; Medical Director, Muskoka Landing; Lead Physician, Geriatric Care Team, Algonquin Family Health Team; Active Staff, Muskoka Algonquin Health Care, Huntsville, Ontario.

Benoit H. Mulsant, MD, MS, FRCPC, DFAPA

Physician in Chief, Center for Addiction and Mental Health (CAMH); Clinical Director, Geriatric Mental Health Program, CAMH; Vice-Chair and Professor, Department of Psychiatry, University of Toronto; Professor of Psychiatry, University of Pittsburgh; Member, Editorial Board, American Journal of Geriatric Psychiatry and Canadian Journal of Psychiatry. Toronto, Ontario.

Patrick Quail, MB, BCh, BAO, CCFP, CMD

Founding Director, Long Term Care Medical Directors Association of Canada (LTCMDAC); Medical Leader, Home Care Calgary Zone Alberta Health Services; Medical Director, Intercare Corporate Group Inc. Calgary; Clinical Assistant Professor, Dept. of Family Medicine, University of Calgary, Calgary, Alberta.

Lori Schindel Martin, RN, PhD

Associate Professor, Associate Director - Scholarship, Research and Creativity, Daphne Cockwell School of Nursing Ryerson University, Toronto, Ontario.

Ken Schwartz, MD, FRCPC

Geriatric Psychiatrist, Baycrest. He has been consulting at various nursing homes for 25 years. He has presented at Canadian, American and International Psychiatric conferences on the topic of Sexuality and Intimacy in Older Adults, Toronto, Ontario.

Leslie Spevack, MD, FRCSC, DABU

Staff Urologist, North York General Hospital, Centenary Health Centre in Scarborough. Medical training at the University of Western Ontario in London Ontario. Specialty training at the University of Toronto in 1993. Fellowship training at Saint Luke's Hospital (Missouri) and St Joseph's Healthcare Centre (Toronto), Scarborough, Ontario.

Andrew Steele, MD, FRCPC

Medical Director and Chief of Nephrology Lakeridge Health, Lead Nephrologist Central East LHIN, Oshawa, Ontario.

Marie-France Tourigny-Rivard, MD, FRCPC

Professor, Division of Geriatric Psychiatry, Dept of Psychiatry, U Ottawa; Staff psychiatrist, Regional Geriatric Psychiatry Program of the Royal Ottawa Health Care Group, Ottawa, Ontario and Chair, Seniors Advisory Committee, Mental Health Commission of Canada, Ottawa, Ontario.

Judith A. Wahl, BA, LL.B.

Executive Director, Advocacy Centre for the Elderly; Sessional Lecturer, Law & Aging, Faculty of Social Work, Masters Programme, University of Toronto; Distinguished Fellow of the Canadian Centre for Elder Law Studies, British Columbia Law Institute; Past Vice Chair, National Initiative for Care of the Elderly Network, University of Toronto; Past Chair, Elder Law Section, Canadian Bar Association, Toronto, Ontario.

Eric Wasylenko. BSc, MD

Palliative Care Physician; Medical Director, Clinical Ethics, Alberta Health Services and Medical Director, Planning and Strategy, South Health Campus; currently undertaking a Masters in Health Science (Bioethics) from U of T and sits on the Ethics Advisory Committee of the Public Health Officer of Canada, Alberta, Ontario.

Evelyn M. Williams, MD, FCFP, MHSc, CHE

Board Member, OLTCP; Assistant Professor, Department of Family and Community Medicine, University of Toronto and Head, Division of Long Term Care at Sunnybrook Health Science Centre. Dr. Williams is currently involved with implementation of a complete electronic record at the Sunnybrook Veterans Centre, Toronto, Ontario.

Afshan Zahedi, BAsc, MD, FRCPC

Endocrinologist, Assistant Professor of Medicine, University of Toronto, Toronto, Ontario.

– ACCREDITATION –

This programme has been accredited by the College of Family Physicians of Canada and the Ontario Chapter for up to 16.0 Mainpro-M1 Credits.

– REGISTRATION FEES –

Early Registration & Payment received on/before September 30th, 2011

	<u>Conjoint Mtg. Only</u>	<u>OLTCP One Day</u>	<u>OLTCP Two Days</u>	<u>Conjoint & 2-day OLTCP</u>
Members (OLTCP or LTCMDAC)	\$ 270.00	\$ 270.00	\$ 515.00	\$ 785.00
Non-Members	\$ 420.00	\$ 420.00	\$ 665.00	\$ 935.00
RN's, NP's, Pharmacists	\$ 270.00	\$ 270.00	\$ 515.00	\$ 785.00
Medical Residents	\$ 195.00	\$ 195.00	\$ 365.00	\$ 560.00

Registration & Payment received on October 1st, 2010 or later

	<u>Conjoint Mtg. Only</u>	<u>OLTCP One Day</u>	<u>OLTCP Two Days</u>	<u>Conjoint & 2-day OLTCP</u>
Members (OLTCP or LTCMDAC)	\$ 320.00	\$ 320.00	\$ 565.00	\$ 835.00
Non-Members	\$ 470.00	\$ 470.00	\$ 715.00	\$ 985.00
RN's, NP's, Pharmacists	\$ 320.00	\$ 320.00	\$ 565.00	\$ 835.00
Medical Residents/Registered Nurses	\$ 245.00	\$ 245.00	\$ 415.00	\$ 610.00

Registration Deadline October 15th, 2011

“On-site” registration & payments are subject to a \$50.00 surcharge in addition to applicable “Late Registration Fee”. Handout materials cannot be guaranteed to “on-site” registrants

– REGISTRATION –

Please mail your completed registration form and **cheque** payable to **OLTCP** to:

OLTCP, c/o Dr. Karen Cronin
#104 - 3695 Keele Street, Downsview, ON M3J 1N2
Phone: (416) 398-3293 Fax: (416) 398-9364
oltcp@bellnet.ca

- Workshop space is limited to 28 registrants and assigned electronically on a “**First /Paid** - First Choice Basis”
- Payment must accompany registration form - Faxed forms will not be processed until payment received.
- Please indicate your choice of receiving Handout Material in Binder **OR** USB Memory Key
- We are unable to accept credit card payments

– HOTEL RESERVATIONS –

THE HOTEL RESERVATION IS THE RESPONSIBILITY OF THE REGISTRANT

A small block of rooms has been set aside at the Toronto Marriott Downtown Eaton Centre Hotel and reservations must be made by Wednesday, September 29th, 2011.

Rates : Single..... \$189.00 Double..... \$189.00

– CANCELLATIONS –

A processing fee of \$50.00 will be retained for all cancellation requests received prior to October 17th, 2011

There will be **NO refunds** for cancellation requests received after this date

SPONSORSHIP

**We wish to gratefully acknowledge the following sponsors
for their support of our 2011 Annual Conference**

UNRESTRICTED EDUCATIONAL GRANTS

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FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Dr. Karen L. Cronin
Ontario Long Term Care Physicians
Tel.: (416) 398-3293
Fax: (416) 398-9364
oltcp@bellnet.ca